



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

January 2022

Let's take a look back at some of the wonderful experiences that Eugene Hotel residents have enjoyed. And here's to many more in 2022. [More photos on last page]



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Meet Your NEIGHBOR



Linda B.

I was born in Los Angeles, California. My brother Mark and his wife Gay live in Big Sky, Montana; their daughter, Ariel, lives with her wife Maddie in Anchorage, Alaska; and their son Peter, lives with his fiancé, Lindsey, in Los Angeles, California. My sister, Donna, lives here in Eugene and she is the reason I moved to Eugene four years ago.

Just before my 20th birthday, in the middle of winter, I took a Greyhound bus to Washington, D.C., where my 34-1/2 year career with the Federal Government began. During my government career I worked in several agencies, including the Executive Office of the President where for three days I was one of the receptionists for President-elect Ronald Reagan. What was my primary job during those three days? I made coffee and washed dishes after each meeting President-elect Reagan held with his appointed Cabinet. Another interesting job was when I worked for the U.S. Mint—nickels, dimes, pennies, and quarters. I was a contract specialist/administrator working on information technology contracts. It was in this position I had the opportunity to travel to

all four Mints—Philadelphia and Denver, our two largest mints that manufacture all of our circulating coins, the San Francisco Mint that manufactures many of the collectible coins, and to the West Point Mint that manufactures all of the gold coins. Did you know that West Point is the repository of the second largest amount of gold owned by the U.S. Government outside of Fort Knox? I had the opportunity to see the vaults where the gold was stored—and there are several. I stood before a steel door and when opened there were gold bars stacked floor to ceiling—be still my heart! We got to hold one of the gold bars—very heavy. By the way, it is harder to get out of the Mint than it was to get into the Mint. At West Point you walk through a magnetometer (similar to what you walk through at the airports) several times so that a recording of all the metal in your body is recorded. When you leave and walk back through the magnetometer you had better not have picked up any metal (coins) along the way!

When I retired from government service I immediately started volunteering. I first volunteered for the Smithsonian's National Zoo. One of the highlights was when I was a member of the pregnancy watch for Mei Xiang, the Zoo's female panda, when she became pregnant. I ran the Panda Cam. On July 9, 2005, Mei gave birth to Tai Shan, known affectionately as "Butterstick," because a panda cub is as big as a stick of butter. Mei weighed around 300 pounds. Mei and her mate, Tian Tian, have given birth to four cubs. An interesting fact—all of the Giant Pandas worldwide are owned by China and when a cub is about 3 years old, they are returned to China for their mating program.

I worked part time for the City of Alexandria, Virginia. The city owned 7 museums—Gadsby's Tavern Museum where George Washington celebrated his birthday with two Birthright Balls, the Stabler-Leadbeater Apothecary Museum (we had a birthday party for Harry Potter every year), and several other museums. I worked for Mount Vernon as a Historic Interpreter (tour guide). At many historic sites you will find first-person interpreters. These are actors who research a historic figure so well and then take on their persona. When you speak with the "historic" character, such as George Washington or Martha Washington, it is as if you were talking to the actual person. As an employee, I had the opportunity to talk to both George and Martha, both their historic personas as well their "real" persons. One fun time was when I was the Chief Election Officer for Obama's first election. Who came into vote? Martha Washington, in all her 18th Century finery. She never broke character once but voted as if she was "imagining what a 20th woman would be like."

It finally came time to make the decision to move to Eugene. While I was sad to leave Alexandria/Washington, D.C., I wanted to reconnect with my family, especially my sister Donna who has lived in Eugene most of her adult life. I immediately found my museum home here in Eugene—The Museum of Natural and Cultural History on the campus at the University of Oregon. And, now I have found the Eugene Hotel where I am settling in, making many new friends, and enjoying all that the Hotel has to offer. When you see me, I love to talk about my years in Washington, D.C./Alexandria. ☞



Activities & Special Events

Monthly Preview
Monday, January 3
at 11:00 a.m. and 1:00 p.m.
– Lounge

Some important issues will be discussed at this monthly preview which will be two separate meetings like last month: 11:00 a.m. for floors 5-7; and 1:00 p.m. for floors 2-4. We will come together to discuss updates, food service, and all the other events for the coming month. Please bring your questions and comments.

Men's Group
Wednesday, January 5 and 19
at 10:30 a.m.
– Lounge



The Men's group (Lounge Lizards) will meet in the Lounge to catch up and share insights. Topics up for discussion on the 5th: What's to be done about the homeless? What are the varieties of homelessness? On the 19th: And then there are refugees.... (Possibility of visiting voices on both topics.)

Bus to the Eugene Public Library
Wednesday, January 5 and 26
at 12:00-1:00 p.m.
– Meet in the Lobby

We will take the bus to the Eugene Public Library and drop you off. You will have an hour to borrow books, movies, or just read in the library. Then the bus will return to pick you up. Please sign up in the Activities Book.

Technology Workshop
Thursday, January 6
at 11:00 a.m.
– Lounge

Technology can be useful when you know how to take advantage of what it offers. Maybe you'd like to learn how to delete unwanted apps from your phone, or how to organize the home screen on your tablet, or tricks and shortcuts interest you. If you'd like to make better use of your electronic device, come to this workshop and Cara will do her best to answer your questions and show you how technology can make life easier.



Chair Massage
Monday January 10 and 24
at 12:00 p.m. to 2:00 p.m.
– Exercise Room

You will remain fully clothed while sitting in the special massage chair enjoying the relaxing benefits. The cost is \$10 for 10 minutes. Sign up in the Activities Book; space is limited. Additional time can be arranged for an extra charge.

If you must cancel after you've signed up, please give 72 hours notice so that your time slot can be filled if possible, otherwise you will have to pay.



Celebrating Carol Adolph's Birthday
with music by Gus Russell
Monday, January 10
at 3:45 p.m.

– Lobby

Come to the Lobby before dinner and enjoy some music by Gus Russell on the piano to celebrate Carol's birthday. Carol will have a special presentation to share.

Resident Appreciation Lunch
Tuesday, January 11
at 11:30 a.m.
– Dining Room

We love our residents and will show our appreciation by preparing and serving you lunch this month. Come to the Dining Room to enjoy music and a lunch prepared for you by the Eugene Hotel staff.



Women's Group
Wednesday, January 12 and 26
at 10:30 a.m.
– Lounge

Join Judi or Cara for a casual round-table discussion. Our topic for the 12th is whether or not resolutions are useful. Discuss a resolution you've made that has impacted your life. For the 26th, we will talk about what you dreamt of doing or becoming when you were little.



New Resident Social
Thursday, January 13
at 1:00 p.m.

– Lounge

We are fortunate that our community is expanding. If you are a new resident who moved into the Hotel in August or any of the months following, please join us in the Lounge for a Welcome-to-the-Hotel Social.

Tea & Poetry
Friday, January 14
at 2:00 p.m.

– Lounge

We will come together to enjoy listening to the reading of poetry. Join us for an hour of delightful verse, tea and light snacks. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.



Staff Talent Show
Tuesday, January 18
at 1:00 p.m.

– Lounge

Some of the Hotel staff have unique talents that we would like to share with you. You might not see any of us so successfully twirling a cane as Kris can, but you will see quite a variety show. Please join us and I'm sure you will be pleasantly entertained.



Fika
Wednesday
January 19
at 2:00 p.m. in the Lounge

Fika (pronounced "feekah") is a Swedish noun and verb that translates to "take a coffee break," usually accompanied by something to eat. Fika is code for "heart to heart." While most Americans take their coffee to go, fika is an important daily Swedish ritual to accompany conversations with family, friends, and colleagues. Coffee will definitely be served this time.



Resident Birthday Lunch
Monday, January 24
at 12:00 p.m.

– Dining Room

This month we will celebrate those born in January at the resident birthday lunch with food prepared by our own chef. If you have a January birthday, please join us.



Celebrating Robert Burns
with Poems and Music
Tuesday, January 25
at 2:00 p.m.

– Lounge

Join us to honor poet Robert Burns (1759-1796), who was regarded as the national poet of Scotland. We will share his poetry, as well as music and food from Scotland during the time of Burn's life. Be sure to wear your tartan! Bring your favorite Burns poem to share, or just come to listen (or sing Auld Lang Syne).



The Readers Theater Players
from The Very Little Theater
Wednesday, January 26
at 2:00 p.m.

– Lounge

The Players are returning with their theatrical readings (think dress rehearsal without the costumes), vaudevillian humor, and overall variety show that will entertain and amuse. The actors use only vocal expression to help the audience understand the story. And they tell jokes too!

Breakfast Brigade at
Brail's on 17th
Thursday, January 27
at 8:30 a.m.

– Meet in the Lobby

Join Ray for a trip to Brail's for breakfast. Many traditional breakfast choices plus Eggs Benedict, and its veggie variation, even Chris' version of Loco Moco are offered. Please sign up in the Activities Book.



Amy Gaudia on Guitar
Thursday, January 27
at 2:30 p.m.

– Lounge

Amy is returning to play for us again. Amy Gaudia is a classically trained guitarist who plays classical and Latin-spiced as well as originally-composed music. Please join us in the Lounge for another concert from this gifted artist.

Trips for January

Evergreen Aviation Museum \$15
+Lunch at The Diner-McMinnville
Tuesday, January 4
at 10:00 a.m.

– Meet in the Lobby

Come soar through decades of aerospace innovation at the Evergreen Aviation & Space Museum, located in McMinnville. Discover more than 150 aircraft, spacecraft, and exhibits that tell the story of flight and space exploration with unique historic artifacts, including the Hughes Flying Boat Spruce Goose, SR-71 Blackbird, and the Titan II Space Launch Vehicle with its original launch room. We will eat lunch at The Diner in McMinnville. Please sign up in the Activities Book if you would like to go. The ticket price for the museum is \$15.

King Estates Lunch
and Winery Tour
Wednesday, January 12
at 11:15 p.m.

– Meet in the Lobby

A trip day on a Wednesday. Austin from King Estates who shared a selection of wines with us last month has arranged for us to be able to eat in the restaurant and tour the winery. Please sign up in the Activities Book. (Cost is lunch plus whatever wine you choose to purchase.)



Weekly Events

Exercise Class with LinLin
Monday, Wednesday, Friday
at 9:00 a.m.

– Exercise Room

Join LinLin, a gifted instructor in senior fitness, to get your blood flowing, your muscles limber, and improve your overall fitness.

Qigong

Thursdays at 9:30 a.m.

– Lounge

Qigong is the skill of attracting vital energy and self-healing. Join instructor Roberta Roth during this quiet exercise time. Roberta might not be here on the 30th.



Creative Writing with Cara
Thursday, January 20
at 1:00 p.m.

– Billiard Room (new location)

If you've got the writing bug, a need to exercise your brain and would like to get some ideas and share what you write, you can join us this month for lively discussion with your fellow creatives and exercises that will make a tired brain wake up.



Bingo

Thursdays at 6:30 p.m.

– Game Room

Come join your neighbors every Thursday evening in the Game Room for Bingo. Each week there is a different incentive for winning.

Eugene Hotel Singers
Thursdays at 2:00 p.m.

– Lounge

Now is the time to join! After the wonderful Christmas performance, you too can be part of the Eugene Hotel Singers. Meet in the Lounge every Thursday to sing your heart out!! A fun time with David Gregoire as pianist and director. Songs will be agreed upon and sung in 4-part harmony. Work together as a team and prepare to perform your practiced pieces for others on special occasions. Please note the time change for January 27 is at 1:00 p.m.



Clarke's Store

Monday and Friday
from 10:30 a.m.-12 p.m.
Wednesday and Saturday
from 12 p.m.-2 p.m.

– Lower Level

The store offers snacks, essentials, sugar-free items, greeting cards, ice cream bars, and much more. Come down to do your shopping or just to see the smiling face of the resident volunteer.



Foreign & Other Films to View

We currently are showing four films a week in the Lounge. Foreign Films are available to watch Saturday afternoons at 2:00 with another matinee available on Sunday at the same time. For your evening viewing pleasure, you will find a film playing on Tuesday and Wednesday evenings at 6:30. The details of each film selection will be found on your Weekly Highlights.

Please welcome
new residents

Bob Trimble #611,
Denny Roberts #618,
Judith McGowan #212,
Duane Mick #411,
Marlene Peterson #418,
Theresa Fluty and
Brian Ford in #504

GOODBYE 2021



WELCOME
2022

